

Form No:	IMS-TRC-10A	Version no:	01
Issue Date:	10 December 2011	Authorised by:	Technical and Training Director

**Description:**

Horse is to be mounted and dismounted from both near and off sides.

**Objectives:**

Horse to remain calm and stand still throughout the exercises  
Horse accepts different positions calmly  
Horse is stationary throughout the mount and dismount exercise.

**Choice of Gait:**

Standstill

**Effectiveness:**

Horse displays no sign of concern.  
Horse remains at the standstill throughout  
Rider is able to mount & dismount safely  
No use of any artificial aid for mounting purposes

**Penalties:**

C Horse moves off - penalty  
Rider unable to mount - penalty