

Form No:	IMS-TRC-07A	Version no:	01
Issue Date:	10 December 2011	Authorised by:	Technical and Training Director

**Description:**

Horse to be ridden forward then stopped at an obstacle standing calmly before backing up for a minimum distance of 5 metres.

**Objectives:**

Ridden horse to remain calm and composed throughout. No significant work on horses' mouth to get back-up. Back-up to be straight and consistent.

**Choice of Gait:**

Walk

**Effectiveness:**

Horse to remain calm, relaxed and complete the task without displaying any signs of concern.

**Penalties:**

Crooked back-up - penalty  
Horse doesn't go required distance - penalty  
Horse stops mid exercise - penalty  
Fidgety horse when stopped – penalty  
Rider Falls – Re-Sit